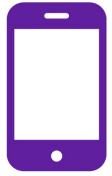


# Attachment Network

*Interest Meeting*

# Agenda

- Introductions (*please type in the chat name, organization, role/interest in attachment work*)
- Setting the Framework (*gauging interest*)
  - General Proposal
  - Sample of Scientific Data blitz
- Break-out rooms
- Next Steps



# NC-PAL Phone Line (919) 681-2909

## Phone Line Hours

8 a.m. – 5 p.m.,  
Monday – Friday  
*(excluding major holidays)*

## Q&A

Non-clinical provider  
questions can be sent to:  
**ncpal@unc.edu**

# NC-PAL NC-MATTERS

Making Access to Treatment, Evaluation, Resources, and Screening Better

# NC Maternal Mental Health MATTERS

To search, type and hit enter.

Search

Search this site  Search UNC School of Medicine

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Our program supports primary care providers in effectively screening, assessing and treating behavioral health concerns in pregnant and postpartum patients.

For Health Care Providers: **919-681-2909**



## Consultation & Support

Real-time psychiatric consultation and case discussion for providers including obstetricians, pediatricians, adult primary care physicians, and psychiatrists.

[READ MORE](#)



## Toolkits & Webinars

Behavioral health toolkits and webinars for providers and their staff on evidence-based guidelines for screening, triage and referral, risks and benefits of medications, and discussion of screening results and treatment options for perinatal and pediatric behavioral health.

[READ MORE](#)

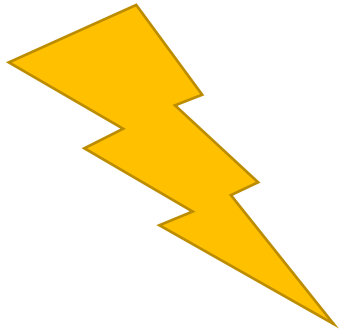


## Community-based Resources

Linkages with community-based resources, including mental health care, support groups and other resources to support the wellness and mental health of children and families.

[READ MORE](#)





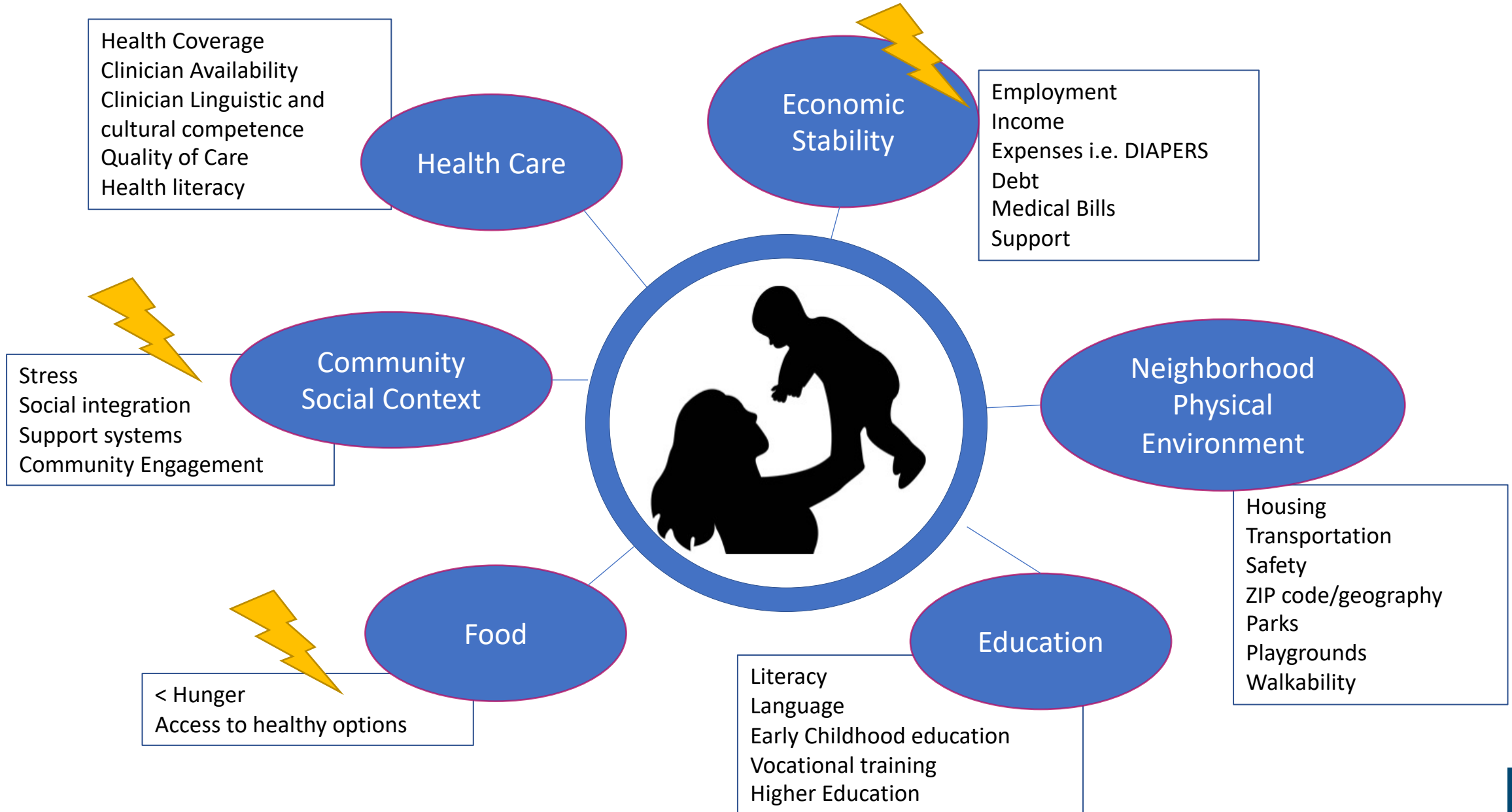


# Circle of Security<sup>®</sup>

Parent Attending To The Child's Needs



# It takes a village...



ORIGINAL ARTICLE

Open Access

# Examining Material Hardship in Mothers: Associations of Diaper Need and Food Insufficiency with Maternal Depressive Symptoms

Anna E. Austin<sup>1,2,\*</sup> and Megan V. Smith<sup>1,3,4</sup>

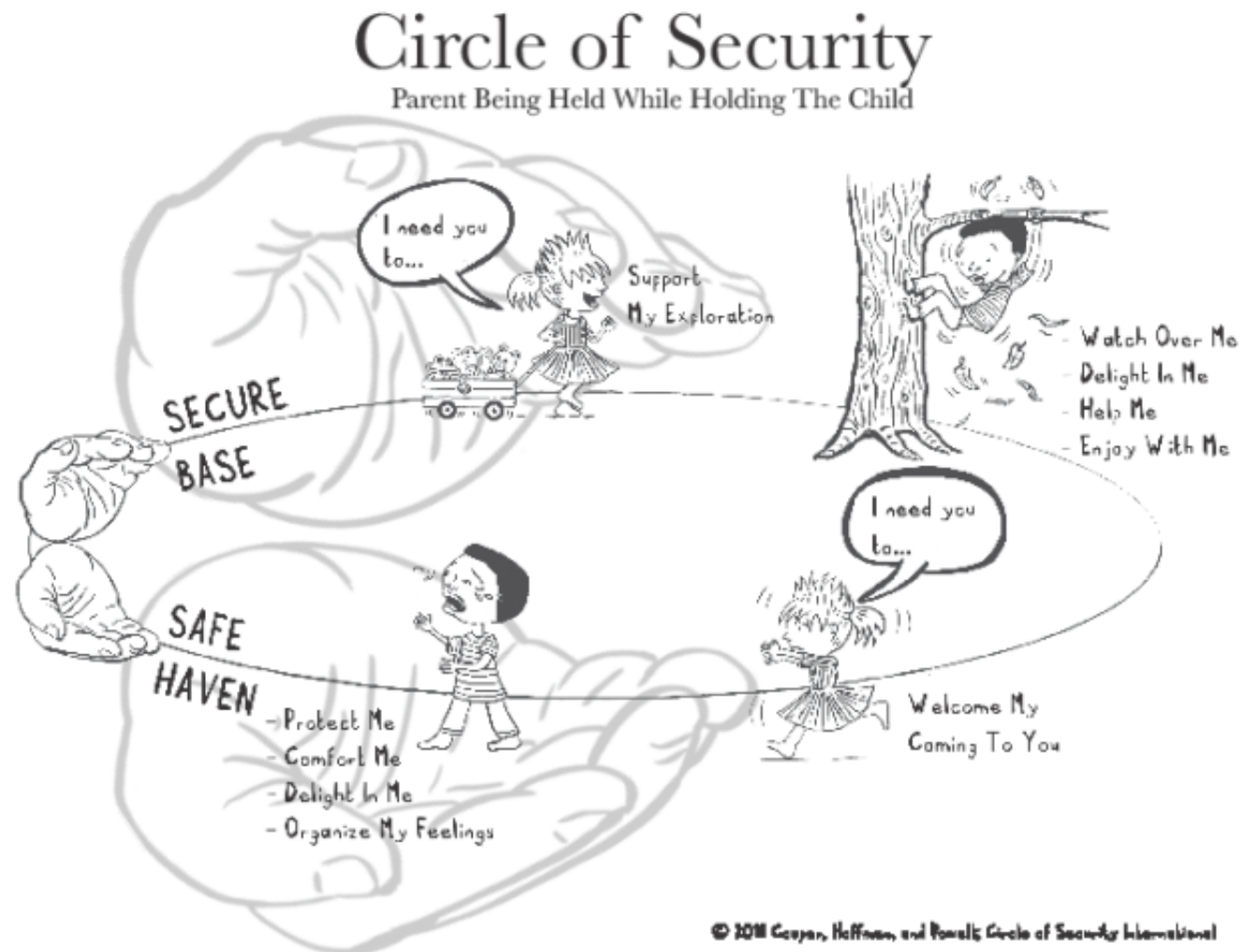
Data were from a cross-sectional study of 296 urban, pregnant or parenting, low-income women.

In multivariate analyses, women who reported diaper need had a significantly higher CES-D score than women who did not report diaper need ( $b = 3.5$ ,  $p = 0.03$ ).

Diaper need was an even stronger predictor of maternal depression than food insecurity.



For parents to nurture their infant...  
*...they need a secure base too*



# Setting the Frame

## *“Rounding up the Village”*

- Fostering SECURE ATTACHMENT
  - Learning from others’ successes, i.e. “Attachment Network of CT”; LATIN19
- Focus on wellbeing of Maternal (and all Parents) – Infant Dyads
- Regular meetings for collaboration and joint learning

# Sample Agenda

- Brief presentations (8-10 mins) on services including eligibility, referral process, service capacity, etc. by representatives from different clinics and services
- Discussion about identified needs, engagement in services, and research design/recruitment
- Brief scientific literature updates (i.e. one slide with bullet points on recent publications to keep everyone up to date).
- Quarterly Focused Topic Guest speakers i.e. Neonatal Abstinence Syndrome, Gender affirming perinatal care, Health equity in care of maternal-infant dyads;
- Yearly in-person Fair

# Data Blitz

- Prenatal attachment levels are better predictors of both behavioral and emotional competence and development at early childhood than worsening maternal depression.
  - Longitudinal study, n=83 mother-child dyads by Cildir et al. in *Infant Ment Health J.* 2020;41:517–529.

# Break-out rooms

- What is your experience with attachment-based interventions?
- Are there particular parent/children groups that you specialize in?
- What challenges have you encountered?
- What solutions have you found or envision that a collaborative effort can develop?
- Do you have ideas for needs that this collaborative can help address?

# Survey

- Frequency of online meetings
- Interest in presenting for 8-10 mins on your work / research / services
- Topics
- Yearly in-person 'Fair'