



ATTACHMENT NETWORK MEETING

11-19-2021

AGENDA 11-19-2021

Welcome , Evette Horton, PhD., NCC, LCMHCS, RPTS, Attachment Network Committee	5 Minutes
Grounding Activity , Asata Virgo, Attachment Network Committee	10 mins
Guest Speaker, Evette introduces: Melissa Radcliff, Program Director of Our Children's Place of Coastal Horizons.	35 mins
Break-Out Rooms	10 mins
Large group discussion	10 mins
Data blitz - Andi Diaz Stransky, MD, Attachment Network Committee	5 mins
Announcements <ul style="list-style-type: none">• NCIMHA Endorsement Updates Jessica Taylor-Pickford, IMH-E Endorsement Coordinator• Other?	5 mins 5 mins

GROUNDING ACTIVITY



GUEST SPEAKER

Melissa Radcliff, Program Director of Our Children's Place of Coastal Horizons



BREAK-OUT ROOMS

Reflect with your small group – 10 minutes

*** What personal or professional difficulties have you encountered in serving incarcerated children?**

*** What can we do next to support attachment relationships for incarcerated children?**

Share with large group -10 minutes

DATA BLITZ

Maternal Experiences of Racial Discrimination, Child Indicators of Toxic Stress, and the *Minding the Baby* Early Home Visiting Intervention

Eileen M. Condon  ▼ Amalia Londono Tobon  ▼ Brianna Jackson  ▼ Margaret L. Holland  ▼
Arietta Slade ▼ Linda Mayes ▼ Lois S. Sadler

97 maternal–child dyads (n = 43 intervention dyads, n = 54 control dyads) enrolled in the “Minding The Baby” Early School Age follow-up study.

- Mothers reported on racial discrimination using the Experiences of Discrimination Scale
- Mothers identified as Black/African American (33%) and Hispanic/Latina (64%)
- In adjusted models, **maternal experiences of racial discrimination were associated with elevated salivary interleukin-6 and tumor necrosis factor- α levels** in children, but not child body mass index or behavior.
- Prior participation in the (Minding the Baby) intervention moderated the relationship between maternal experiences of discrimination and child interleukin-6 levels.

DATA BLITZ

> [BMC Public Health](#). 2021 Nov 8;21(1):2039. doi: 10.1186/s12889-021-12141-5.

Early-life maternal attachment and risky health behaviours in adolescence: findings from the United Kingdom Millennium Cohort Study

Beatrice D Reyes ¹, Dougal S Hargreaves ², Hanna Creese ²

Affiliations [+ expand](#)

PMID: 34749702 PMCID: [PMC8577004](#) DOI: [10.1186/s12889-021-12141-5](#)

- **Lower maternal attachment in early life predicted increased adolescent risky behaviours.**
 - 1/3 of the excess risk was attributable to child, maternal and socioeconomic factors.
 - Nearly a 1/4 of the risk was explained by maternal depression
 - Recognizing the influence of early-life risk factors on adolescent health could innovate current policies and interventions addressing multiple risky behavior uptake affecting health inequalities across the life course.

ANNOUNCEMENTS

- NCIMHA Endorsement Updates
Jessica Taylor-Pickford, IMH-E Endorsement Coordinator
- Other?



NCIMHA
NORTH CAROLINA
INFANT AND EARLY CHILDHOOD
MENTAL HEALTH ASSOCIATION

Who is NCIMHA?

A small non-profit whose vision is that every child in North Carolina will grow up in nurturing foundational relationships and supportive environments that provide the basis for emotional, cognitive, and social capacities necessary for a healthy future.

Our mission is to promote mental health for children birth through age 5 and expectant parents by collaborating to strengthen early childhood systems and developing an effective and supported workforce.

WHAT IS INFANT MENTAL HEALTH ENDORSEMENT?

- Internationally utilized, cross disciplinary credential that recognizes the development and proficiency of professionals who work with or on behalf of pregnant people, young children, birth up to 3-years old, and their families.
- Based on a set of competencies designed to support and enhance culturally sensitive, relationship focused practice
- An Endorsement applicant demonstrates acquisition of these competencies through education, work, specialized training, reflective supervision experiences, and (in some cases) an exam
- Currently piloting a “Leadership Cohort” and opening Endorsement more broadly Spring 2022

Get Involved:



The background of the slide features a close-up, slightly blurred photograph of an open notebook. The notebook has lined pages with numbers 16, 17, 18, and 19 visible. A white pen is resting on the page. A black cable is plugged into a hole on the left side of the notebook. Overlaid on the left side of the notebook is a white, stylized circuit board pattern with lines and circular nodes.

SAVE THE DATE

Next meeting:

Friday, January 21st, at 1pm

<https://www.attachmentnetworknc.org/>