Finding ways to see how equity needs to be address and where is structural racism in the work being done

> Bringing IMH **Endorsement** to all kinds of sectors

> > Ensuring new mothers are provided with post-partum resources to improve parent-child relationships and overall family health

Creating a proposal for a network of support for the infant and toddler care and education workforce with infant toddler specialists

Learning about how to support families as they re-establish attachment after separation (for any reason)

managing staff vacancies and medicaid transformation. Replication in new parts of the stateplanning for training of new providers. Encouraging IMH providers to get excited about and Abuelitas 911 -- a

in-nome services.

## Where are your efforts focused these days?

Unique issues related to health, development and parenting for refugees from Afghanistan and other counties

survivors of DV were

held responsible for

behavior's and not

survivors with their

keeping them Safe

and Together, and

being "protective." We

have shifted focus and

their abuser's

work to keep

children while

program of pairing nurturing and wise elder women with undocumented latina mamas who are missing their families supports who live elsewhere, this program can disrupt intergenerational

**Anchoring Circle of** Security Parenting throughout our state and eventually getting policy makers and govt representatives to pay for it as a universal offering with tax dollars

Working on establishing a training and consultation program to build capacity and competency in early childhood mental health providers in developmentally appropriate and culturally responsive assessment.

**Security Parenting** groups in Spanish to at the statewide level to embed attachment-focused understanding in many different sectors: early care and education. Smart Starts and Partnerhships for Children, child welfare, early

Connecting providers from across the state to the IMH **Endorsement** process, creating a shared language to ensure the health of all NC children.

Part of a facilitation group offering COSP. Helping child care staff learn more about attachment.

Implementation of Pyramid Model strategies to achieve pro-social classrooms and prevent/address challenging behaviors and suspension/expulsion of children birth-5 from child care centers.

Allow networking and building on efforts and not reinventing

I am focused on individual work with parents on zoom to help develop sound attachment and perspective.

Adding anxiety screening to the work we do to address caregiver mental health

Recruiting and

training mental

Child Parent

Psychotherapy

health clinicians in

trauma.

**Pyramid Model** Implementation in public preschool programs, ramping up implementation in kindergarten, and support SEL as part of a child's IEP.

offer Circle of

undocumented

mamas and their

paired "abuelitas"

locally.

Providing individual consultation to other professionals around issues related to attachment and trauma.

Dealing with political racial equity backlash as we work to address disparities in our field

Dyadic care of infant and birthing individuals in outpatient and inpatient settings



Teaching parents/caregivers about infant and young child mental health and social/emotional development

Medicaid policy and systems issues can help or hinder a families access to IMH services. Finding ways to include policy makers in these meetings and in conversations with IMH providers would be great.

# How can the Attachment Network help amplify them?

Build momentum and

Time to come together-reminders to spread awareness, and realizing others are in it with us

Referral Network a diversified body of stakeholders who actively ASK FOR and **EXPECT** attachment-focused offerings -- for our own families, for the families we serve, for us as professionals. ADVOCACY for systems change!

if upcoming trainings and the NC Child **Treatment Program** website, where anyone in the state can go to find clinicians doing specific evidence based treatments in

their own counties.

could be mentioned

It would be so neipful

build interest groups and learn from one another

> Having a place on the website to place job postings would be a great way to get the word out across the state on opportunities that IMH providers might not otherwise see.

Share info about staff openings in HSB across the state, and making room for attachment training of non-clinical personnel and caregivers.

Network can help

Offer

trainings/resources

welfare. What ways

attachment when

frequently require

supervised contact

families to stay apart,

workers in child

can we foster

safety plans

having only

about attachment to

Families and communities to learn more about the resources that are in their communities

Not get siloed while we do the hard good work before us and be nurtured by other colleagues near and far

Offer provider referrals

Help share with families what mental health is. Help release stigma to receiving support services.

Helping to have shared language

Training opportunities for professionals. informational resources for families (multilingual)

get word about Abuelitas 911 to potential participant moms and to potential grandma figure volunteers

Abuelitas 911 (has a small grant through **Lucy Daniels** Center). The Attachment Network could help look for or secure more funding

commit to reflective supervison and consultation in a deeper and more regular way ....and begin to see who is willing to offer RS/C to those who don't have a path for it yet at their workplaces (regardless of context)

everyone who's work touches young children and their families - so probably everyone here! - to explore the categories for IMH Endorsement.

Would love for

Would love to share more!:) You can email endorsement@ncimh a.org or attend one of our Endorsement 101 meetings on 3/23 or 4/22.

#### Which topic(s) would you like to learn more about?

NCIMHA Endorsement

Endorsement
https://forms.gle/ZTz
m9r2Pw24P6a8a6
Endorsement 101 on
3/23
https://ncimha.wildapr
icot.org/event-462633
8 Endorsement 101
on 4/22
https://ncimha.wildapr
icot.org/event-462638

nore about attachment starting prenatally (how, what, why, etc.) and services that can be offered prenatally to help with attachment. Also breastfeeding and Infant Massage as a way to form attachment.

Pyramid Model- Early Childhood Education

> National Center for Pyramid Model Innovation (NCPMI) https://challengingbe havior.cbcs.usf.edu/

ABC Intervention Funding
Opportunities
for Expansion
of Supports

Share across our group what we are doing and how we build attachment lens into it daily regardless of setting -- get specific

new research about Attachment

offer simultaneous interpretation for this meeting (which costs money but it's worth it from an access and language justice perspective)

share about your research on attachment with us in this context

Ways to get families involved when it isn't "required" what books we are reading (or writing) about Attachment

connect with individuals in their communities

Adult Attachment

link with the

International

Attachment

Network

HOW TO

connect

attachme

with scho

and home

How to

connections

Successes! :) 'tips'

we need community

navigators?

I would like to see more about how attachment evolves over

we get more

ed--including

ers as well as

dads/uncles/grandpas

aders.

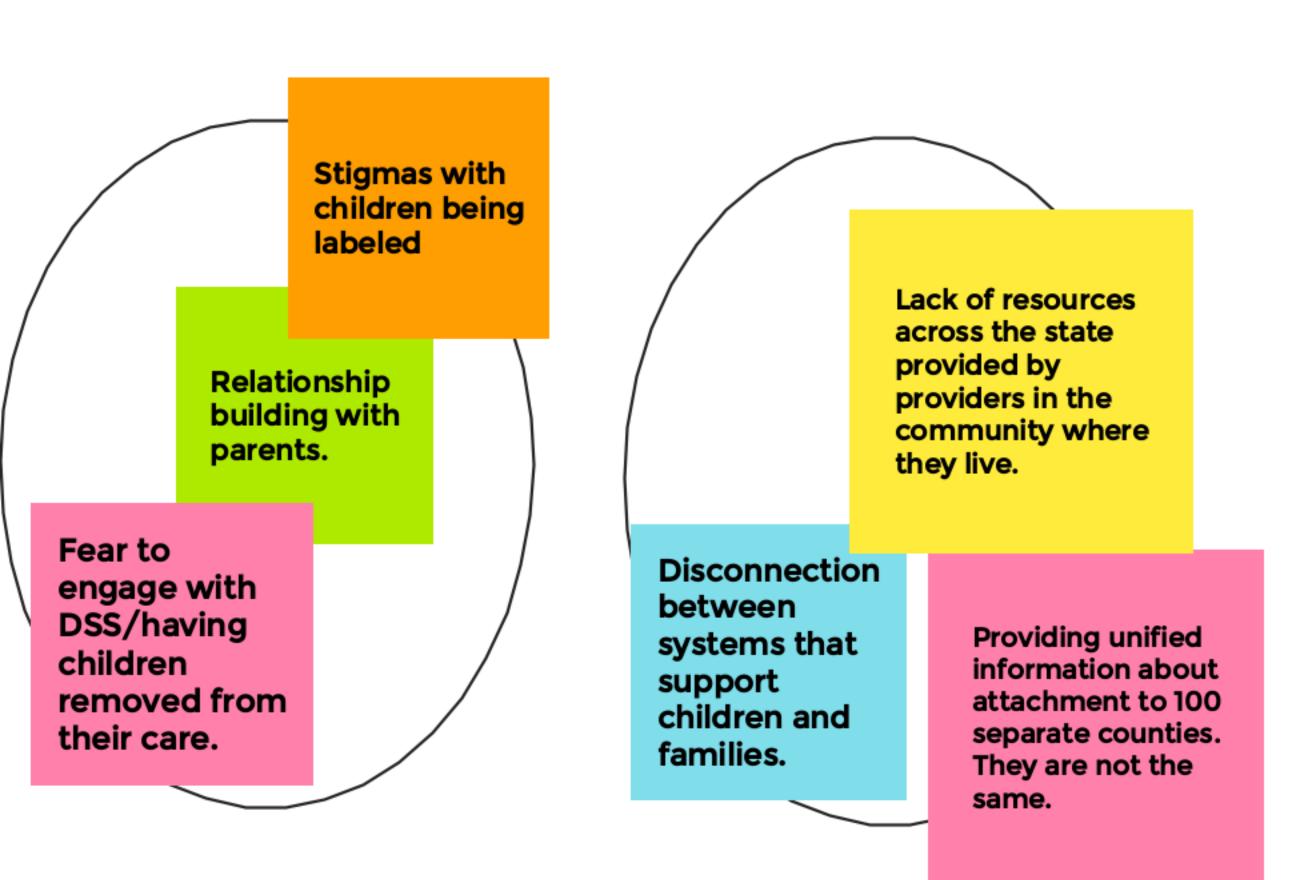
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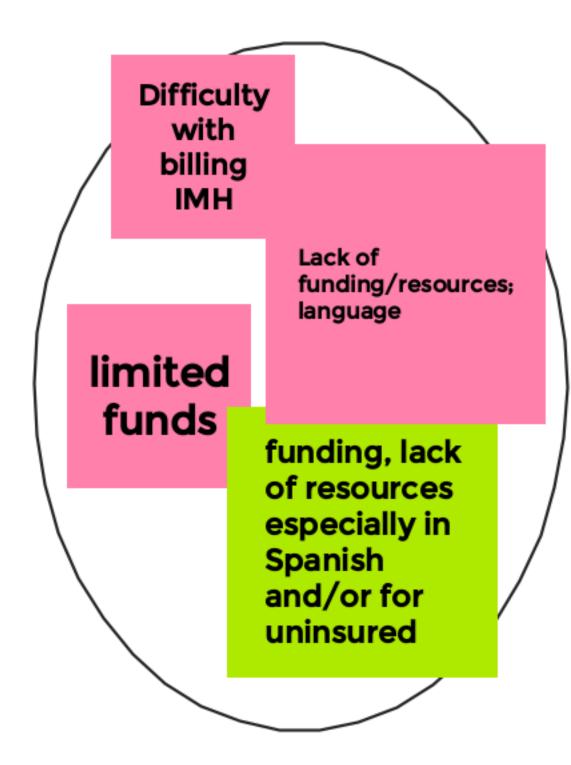
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with

What is the biggest gap in care for families in NC? LANGUAGE BARRIERS Caregivers' inability Bereavement Prevention is not the to have a secure for parents focus on more efforts attachment and the who have lost downstream than impact it has on a child upstream and not as their children. All things related to not enough much lifting up of Infant/Maternal Ongoing support strengths in the people are health (prenatal. sustainable runging. including Very few dyadic antepartum, mainstream when interested in family/child mental labor/delivery, services or EBTs in there are risks present postpartum, and learning about many areas. health after everything in (esp with DSS Workforce shortage. infant mental reunification between) Challenges related to health medicaid transformation with billing and Developmental the fact that reimbursement cause Limited Infant Services for children issues for access to funding of mental health work services and provider transitioning from EI **IMH** is split force and not valued to Pre-K services as far as how paid between 2 (30+ months). and treated and 3 year **Barriers** to olds. PCP care Community The fact that An unstable and **Navigator** funding for underpaid infant and A space for Community infant mental toddler workforce Funded or billable understanding the Different needs health is member lacking access to the mental health connection between divided by age across counties, connections who continuing services for children caregiving inside can connect with individuals in ed/professional RESOURCES 0-5 - and and outside of the members in the development needed different counties for rural fears/worries about classroom. Making to learn about and community who exposed to different communities how Medicaid stronger support attachment may have some things transformation may partnerships especially. Same for shared experiences exacerbate this gap between caregivers. preschool...

## What are the barriers to doing your work in NC?





#### Where do you go to learn more about attachment?

Attachment Network of Connecticut Parents as Teachers curriculum "Wired for Love" and "Your Brain on Love" by Stan Tatkin (Adult Attachment) - Good Inside podcast

Baby Talk newsletter from Camille Catlett

This group!

Harvard Center on the Developing Child and their podcast, Brain Architects; NCTSN

International Attachment Network NCTSN, the group of nationally endorsed Child Parent Psychotherapy trainers, the group of nationally endorsed Trauma Focused Cognitive Behavioral Therapy trainers, 0-3 website, Harvard Center on the Developing Child

Circle of Security International Podcasts! i.e. by The Center for Advanced Studies in ChildWelfare Zero to Three

# Where do you go when you are looking for resources?

HSB Community
Resource List for
mental health
professionals
serving children
birth - 5. (Psych;
OT/PT/SLT; Social
Work; etc..)

Center for the Developing Child at Harvard NCTSN NC

Center for the Study of Social Policy

Devereux Center for Resilient Children

Z<sub>1</sub>
7 Zero to
Three

Anything by Alicia Liberman, Arietta Slade, Bruce Perry.

**NAEYC** 

American
Professional
Society on the
Abuse of
Children

Partnership for Children: https://ccpfc.org/-Doll y parton Imagination Library, child care, diaper bank, Family connects, etc.

Circle of Security

World
Associate
for IMH

Bank Street

#### Are you accepting new referrals? Share details here:

YES!! Children &
Family Resource
Center, Henderson
County. Parents as
Teachers + many
other programs.
www.childrenandfami
ly.org, 828-698-0674

Yes! Child First is accepting referrals at all locations.

YES! Durham Early
Head Start Home
Visiting is accepting
referrals/applications
at this time. More info
here:
https://www.ccfhnc.or
g/programs/durham-e
arly-head-start-homebased-program/

to accept interest in the IMH Endorsement credential for infant and early childhood providers across the workforce, with the goal of having cohorts begin moving through the process in May.

More on www.NCIMHA.org